

# Sleep in a box for ONE night



For those who  
sleep in one  
EVERY night.

**When:** Sat. May 26th

**Where:** Glenmary School

**What you need:** a box, a registration package and  
pledge form

## Sleep in a Box 2018

Dear parents and participants:

Your **permission form** return date is **Wed. May 23rd**. (sooner is appreciated). Your **pledge forms and money needs** to be returned by **Friday May 25th**, so that the teachers do not have to worry about taking care of the money while running the event.

Please try to raise as much money as you can as we will be donating to Charley's Good Food Box. The Glenmary Social Justice Club has taken on this very worthy charity and has helped through fund raising to supplement the costs to keep the program running. Charley's Good Food Box is run through Sagitawa Friendship Center and is in partnership with the Freson's to provide fresh food once a month to families who are in need.

**Start Time:** 6:30pm - Saturday May 26. Registration and box drop off is on the Glenmary Soccer Field which is located next to the First Baptist Church. Please eat dinner before you arrive. Snacks and breakfast will be provided. There is a \$20 registration fee to participate.

**End Time:** 9:00 am Sunday May 27th (you are required to take your box with you when you leave)

**Please Note:** your belongings will be checked for illegal substances at the start of the event. This is to ensure the safety of all students and staff involved. You may bring your phones to the activity but they will be collected. You may ask for them to take pictures of an activity or to phone home, they will then be collected until the event is over. **Once on site, you cannot leave until the event is over unless you are picked up by a parent and signed out.** Teacher contact information: Marni Mingay (624- 5656 or 780 625- 5707).

**WHAT YOU NEED TO BRING:** a box ( this is what you will sleep in), warm clothes (even though it is the end of May, as it does get damp and cold at night), water-proof jacket, sleeping bag, a tarp, an empty reusable water bottle; a flashlight is optional. From past experience we have found a smaller box is warmer.

## PARENT/GUARDIAN ACKNOWLEDGEMENT OF RISK AND CONSENT FORM

(Students Under 18 Years)

**THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT/GUARDIAN OF A PARTICIPATING STUDENT.**

Name of activity: Sleep in a Box Campaign

Date of activity: May 26 – 27<sup>th</sup>

Destination: Glenmary Field

Departure time: May 26<sup>th</sup> – 6:30 pm

Return time: May 27<sup>h</sup> – 9am

Mode(s) of transportation: NA

Name of the Staff-in-Charge: Marni Mingay

Other supervisors are:

Patrick Martin Marni Mingay
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Supervision ratio: 1:18

Purpose and Educational Objectives of the Activity:

Raise awareness of homelessness in Peace River area Demonstrating/building leadership and compassion
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Inherent risks (i.e. hazards, dangers, chances of injury, damage or loss) and consequences associated with the activity:

Sprains and minor injuries due to activities Lack of sleep Sickness (getting the flu, etc.)
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Safety precautions in dealing with activity:

RCMP has been made aware  
Students can only bring empty water bottles  
Bags will be checked

Unusual factors (i.e. rigorous physical activity, water-related activities/sports) include the following:

Overnight  
Outdoors  
May be faced with inclement weather

The following equipment, clothing food and/or personal items will be needed for this activity:

Cardboard box  
Sleeping bag or blankets  
Waterproof jacket  
Warm clothes (sweater, sweat pants...)  
**Dress-code appropriate clothing**  
Empty water bottle

Emergency procedures to be followed in the event of injury, illness or unusual circumstances:

Administer first-aid  
Contact parents  
Call 911

Other relevant information about the activity:

Detailed Itinerary (set out the general nature and number of activities, dates, times and venues of each)

Will be provided closer to the date

I have discussed the risks and expectations of this activity with my child and have confidence that my child has understood them. I am aware that every parent/guardian has the right to deny their child's participation in an off-site activity and that this activity is not a prerequisite for the completion of any required course of study. I understand that my child will be expected to uphold the behaviour expectations of students of Glenmary School. As parent/guardian, I will ensure my child is appropriately prepared and has the necessary equipment.

I am also aware that the principal reserves the right to postpone, terminate or cancel an activity at any time and with little notice if the activity can no longer be conducted in a safe and secure manner.

**REGARDING THE ABOVE ACTIVITY, I WOULD LIKE TO MAKE THE SCHOOL AWARE OF THE FOLLOWING:**

Medical Considerations, if any:

Other:

**ACKNOWLEDGEMENT AND PERMISSION**

WE HAVE READ THE ABOVE AND UNDERSTAND THAT IN PARTICIPATING IN THE ACTIVITY DESCRIBED WE ARE ASSUMING THE RISKS ASSOCIATED WITH DOING SO.

Name of activity: Sleep in a Box Campaign

Date of activity: \_\_\_\_\_ Destination: \_\_\_\_\_

\_\_\_\_\_  
Print Student Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent/Guardian Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date



# Glenmary School

8801 – 96 St.  
Peace River, AB T8S 1R6  
Telephone (780) 624-5656  
Fax (780) 624-3730



First Name:

Last Name:

Dear Potential Sponsor,

I am participating in the **Sleep in A Box Campaign**. All proceeds will go toward the Charley's Good Food Box. This program provides fresh food boxes to families needing a hand up. This program has run out of funds and we would like to help keep it going as it serves an important service in our community. The goal of this 4th annual event is to raise awareness of a growing homelessness issue in our community and to help those in need. All contributions are tax deductible if you write a cheque.

**Cheques can be made out to the Sagitawa Friendship Society and not Glenmary School.**

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